

## Mandy's "Unofficial" Bio



I've been a single mother of a young toddler while in an investment banking job.

I've struggled with imposter syndrome in board rooms.

I've curled up on the floor of a bathroom stall, crying, after a blowout with an abrasive boss.

I nearly miscarried my daughter at 21 weeks due to work stress.

I've started my own business.

I've had burnout so bad that I was bed-ridden for a year.

My six-year-old daughter asked me, "Mummy, are you gonna get dead?"

I've been divorced. Twice. And I dared to open my heart again. We've been married five years.

I have four children collectively. Two of my own. Two step sons.

I recently turned 51, and finally feel grounded and good in my own skin.

I don't hide these challenges because my clients have challenges too.

Life is messy. There's no easy street to success.

Extraordinary leaders have one thing in common: Whatever life throws their way, they rise.